

What can you **DO** if you are threatened?

In acute danger

please contact the police directly

☎ Emergency number 110

Home expulsion

In acute danger, the police have the ability to remove the offender from the home and to prohibit him/her from returning.

The Protection Against Violence Act (Gewaltschutzgesetz – GewSchG)

offers you – on request to the Local Court (Amtsgericht) – the following ways to protect yourself against further violence:

- Assignment of an apartment
The Court can assign the dwelling to you alone for a certain period of time.
- Prohibition of contact and injunction to stay away from the victim
The Court can prohibit the offender
 - from entering the home,
 - from approaching you and from contacting you.

What can you **DO** if you have problems with violence?

Contact the Intervention Center for Men; they will help you to learn how to live without violence.

Counselling, support **AND** assistance

Intervention Center for

Women + Children

☎ 06221 750135

info@interventionsstelle-

heidelberg.de

Emergency Call for Men/

Intervention Center for

Men

☎ 06221 600101

info@fairmann.org

Counselling is free, confidential and, if you wish, anonymous.

If necessary, an interpreter can be involved.

Important note:

You can contact the intervention centers at any time. You need not wait until police action has occurred.

Other language versions

of this information leaflet are available at www.heidelberg.de/him



him

Heidelberg Intervention Model
against violence in relationships

**For a Home
WITHOUT
Violence**

 Stadt
Heidelberg

For a home **WITHOUT** Violence

You can **DO** something
if you are exposed to violence
and need not accept it if your partner
or your family

- insults or humiliates you,
- hits or threatens you,
- prevents you from leaving the house,
- keeps you from meeting family or friends,
- forces you to have sex,
- does not accept that you have separated or want to separate,
- stalks, harasses or terrorizes you,
- threatens you with marriage against your will,
- takes decisions which determine your plans for the future.

You can **DO** something
if you have problems with violence and

- have lost control again,
- anger and frustration have prevailed again,
- your good intentions have failed again.

Take your **OPPORTUNITY**
to lead a life without threat and violence:
Become **ACTIVE**
and get help and support!

Intervention Center for Women and Children (Interventionsstelle für Frauen und Kinder)

Mannheimer Straße 226, 69123 Heidelberg
☎ 06221 750135
info@interventionsstelle-heidelberg.de
www.fhf-heidelberg.de

We can **HELP**

- if you are affected by violence in your relationship or family,
- you to get information about possible legal steps you could take in order to protect yourself,
- you to establish contact with offices, authorities and women lawyers,
- if you wish to receive advice relating to custody, visiting rights and domestic violence,
- you to arrange further practical assistance.

We **OFFER**

- telephone and face to face counselling,
- an individual contact person for your children,
- if necessary, counselling can also take place at a location other than our office (e.g. hospital, school).



Women Helping Women registered association

Intervention Center for Men (Männerinterventionsstelle) / Emergency Call for Men (Männer Notruf)

Parkstraße 15, 69126 Heidelberg
☎ 06221 600101 | mobile 0179 4883084
info@fairmann.org
www.fairmann.org

We can **HELP**

- if you have become violent,
- in cases of domestic violence and Home Expulsion,
- if you want to stop the cycle of violence,
- to arrange further practical assistance.

We can **HELP**

- if you are or have been exposed to violence,
- if you no longer wish to cope with this alone,
- if you have the courage to take a new path.

We **OFFER**

- anonymous telephone and Internet counselling,
- an impartial, personal talk,
- anti-violence trainings,
- best practice conflict-resolutions for communication and relationship.



fairmann registered association (fairmann® e. V.)